



Starlight Essence December 2016

50 Christ

Christ activates the resonance levels for the pure Christ light which is expanding more and more on Earth. From the manifold light levels of the universe, the Christ energy is coming to Earth. This essence prepares you for this vibration and frees the layers within and around your heart. It penetrates all levels until it reaches the inner core of the heart chakra in order to free your own radiant light.

For Earth, the light of Christ is expanding around the equator to create a protective cover and to carry Earth during this transition into the heart chakra time.

New Levels 2012

Christ brings you into contact with the white Christ fire, which penetrates all dimensions and carries new creational impulses. It contains leadership levels of light for the new heart-chakra age, granting a greater expansion; and allowing further communication through the heart with other worlds.

Daily application in December:

1. Hold the essence with your arm stretched above your head, and then slowly lead it downwards from the lotus chakra down to the feet, then slowly upwards again until you reach the heart chakra.
2. Apply one drop on your heart chakra, lotus chakra, the bridge of your feet, the base chakra, the sacral chakra, the solarplexus chakra, the throat chakra, the brow chakra and under the tongue.
3. Hold the essence with your arm stretched out in front of the heart chakra, and then slowly lead it to the heart. Do the same from the right side, from behind and from the left side. Then lead the essence clockwise around your body on the level of your heart chakra with 10cm distance to your body. Do the same with 50cm distance to your body.
4. Repeat step number 3 for the lotus chakra and the base chakra.
5. Apply one drop on your knees (front and back).
6. Place the essence between your feet until the energy flow is completed.