



Starlight Essence April 2020

51 Fire of Venus

On Venus there is a holy fire that is filled with love and wisdom. Fire of Venus brings you into contact with the energy of this fire and nourishes the fire element in your body. It is a softly burning yet powerful fire. Fire of Venus illuminates the Earth fire of the base chakra so that it can unite with the fire of love in the heart chakra; and by doing this it activates and connects the fire between the base chakra, sacral chakra, solar plexus chakra and heart chakra. Fire of Venus supports transformational fires and sacred fires. It helps the earthly fire to connect with the heavenly fire.

Daily application in April:

1. Hold the essence with your arm stretched high above your lotus chakra until the connection is strong. Then bring the essence slowly down towards your lotus chakra until you reach the astral body. Make a clockwise circle there. Then lead the essence further down astrally along the chakras and to your feet, where you place the essence between them.
2. Then bring the essence slowly back up again to your heart chakra, where you make a clockwise circle in the astral body in front of your heart.
3. Place one drop each onto the chakras (root to lotus), both knees and feet and into your mouth.
4. Rub three drops between your hands and stretch your arms fully in front of your heart. Hold them there and then bring them slowly towards your heart. Once you reach the emotional body (ca. 30-40 cm) rest for a moment. Then continue to your physical body, where you place your hands onto your chest. Repeat this for the solar plexus, but when your hands are on your physical body, move them to back and to the front again. Repeat this for the sacral chakra also.
5. Rub three drops between your hands and stretch your arms fully in front of your throat chakra. Hold them there and then bring them slowly towards your throat, hold in the emotional body and then continue to your astral body. There you move your hands to the back and to the front again.
6. Place the thumb, index and middle finger of your left hand onto your coccyx and the three fingers of your right hand onto your atlas. Hold them there until Fire of Venus has cleared your spinal cord.