



Starlight Essence August 2021

74 Salerno I

On Salerno the soul evolves its light from oneness into individualised God consciousness. Salerno I activates these memories and stages of initiation that you may recall and remember your own light and origin. It allows you to experience the crystallisation of your own light and sound vibration; and connects you with your tasks for this incarnation. It also helps to anchor and manifest light on Earth; and furthers communication with the crystal worlds both on and deep within the Earth.

New Levels 2012

Salerno I contains the sound worlds of the new creation and brings you into contact with the light levels which are coming to Earth from the exuding star buddha realms to create new forms. It supports the weaving of the creational pattern; and promotes the crystallisation of light.

Daily application in August:

1. Hold the essence with your arm stretched out above your head, and then slowly bring it down to your lotus chakra. From there go downwards in a clockwise spiral around your body beginning at the back of your head, around all chakras and down to the feet.
2. Place one drop each between your feet, onto your feet, your knees (back and front), the shoulder points and the middle of your head.
3. Rub three drops between your hands and stretch them out to the front of your heart chakra, hold them there and then slowly bring them back and place them flat onto your physical heart chakra; wait until the energy has flown and then move your hands to the front and in a wide arch to the sides.
4. Place one drop between your thumb and index fingers and place your left thumb and index finger onto your coccyx and your right onto your atlas and hold for as long as the entire spinal cord has been flooded.
5. Finally, place one drop onto the throat and solar plexus chakra and into the mouth.