



Starlight Essence December 2021

112 Heaven and Earth

This essence carries the energy of unity, of heaven and Earth, removing any separation. It helps you to bring the light of heaven to Earth and to penetrate Earth with it, unlocking creation levels. This can be experienced in all your chakras which are your own creation levels. Unity of heaven and Earth is the foundation of creation. The light of heaven is finding a creation expression on Earth; and is now creating a golden age in which all worlds take part. This essence helps you to share the gifts of your heaven with Earth. It brings you into contact with your own creation power and it helps to free the inherent light held within Earth. With this essence, there is no holding back, all pours forth in the flow of the golden light of unity. The light realms of Earth are awakening. They were created as an expression of God's light realms. Heaven and Earth helps you to wake up and take your place, creating your own world with this divine light; a new world that relates to heaven. Heaven and Earth essence promotes the recognition of the divine light in all aspects of creation.

Daily application in December:

1. Place one drop each onto the top of your head, feet and between your feet.
2. Place one drop each with your fingers in a clockwise circle movement onto your chakras (base to brow chakra).
3. Place one drop onto your knees, front and back.
4. Hold the essence with your arm stretched out above your head and bring it slowly down, making a clockwise circle astrally in the lotus chakra. Then continue moving down slowly, every time making a clockwise circle for each chakra (brow to base chakra, and then place the essence between your feet. Keep it there until the energy has been taken up.
5. Finally, place one drop into a glass of water and drink it.